

# Channahon Fire Protect District

## Resource Guide

This guide serves to connect you with resources to assist you with navigating some of life's complications.

**IN CASE OF AN EMERGENCY CALL 9-1-1!!**

### **SUICIDE**

*National Suicide & Crisis Hotline*

Dial 988

<https://www.988lifeline.org>

At the 988 Suicide & Crisis Lifeline, we understand that life's challenges can sometimes be difficult. Whether you're facing mental health struggles, emotional distress, alcohol or drug use concerns, or just need someone to talk to, our caring counselors are here for you. You are not alone.

### **MENTAL HEALTH/RECOVERY**

*The Living Room*

2000 Glenwood Ave

Joliet, IL 60435

(779) 341-5090

Hours: 24/7 365 days a year

<https://www.trinityservices.org/services-and-supports/crisis-support/the-living-room>

The Living Room is a free alternative to the Emergency Room. It gives the individuals in crisis a safe, calm environment to de-escalate from their mental health stressors. When a guest arrives, they are assessed for risk by a clinician to determine if the Living Room is an appropriate level of care. After this, the guest will speak with a Recovery Support Specialist who has lived experience with mental health concerns.

*Silver Oaks Behavioral Hospital*

1001 Pawlak Pkwy

New Lenox, IL 60451

(844) 580-5000

[https:// www.silveroaksbehavioralhospital.com/](https://www.silveroaksbehavioralhospital.com/)

Silver Oaks Behavioral Hospital offers a full continuum of specialized, evidence-based behavioral health services to adolescents, adults and senior adults. Inpatient, day hospital and intensive outpatient programs are provided and as a community service, the hospital provides mental health assessments 24/7, at no charge.

*Rosecrance Ware Center*

2704 N. Main St

Rockford, IL 61103

(815) 720-4881

<https://rosecrance.org/rosecrance-ware-center/>

The Rosecrance Ware Center provides evidence-based outpatient mental health and substance use treatment services in a friendly environment. Our board-certified psychiatrists, counselors, and social workers help children, adolescents, adults, and families find support, treatment, and recovery.

*Footprints to Recovery*

411 West River Rd

Elgin, IL 60123

(877) 920-3751

<https://footprintstorecovery.com/>

Footprints to Recovery is a leading addiction treatment provider with drug rehab centers located throughout the United States. Let us guide you on your path to a life free from the grips of addiction today!

*Sandstone Care*

16325 S. Harlem Ave

#260

Tinley Park, IL 60477

888-691-4286

<https://www.sandstonecare.com/>

We help teens, young adults, adults, and their families overcome challenges with substance use, addiction, and mental health conditions.

*SAMHSA's National Helpline*

*(Substance Abuse & Mental Health Services Administration)*

English & Español (800) 662-HELP (4357)

<https://www.samhsa.gov/>

*Boys Town National Hotline (24/7)*

(800) 448-3000

Crisis Text Line (24-hour), text only Text HOME to 741741

If you are in a crisis or need immediate help, call or text the trained counselors at the Boys Town National Hotline.

- Suicidal thoughts
- Self-harm
- Parenting issues
- Physical, sexual or emotional abuse
- Bullying and peer issues
- Relationships

*MorningStar Counseling Center*

621 Rollingwood Dr  
Shorewood, IL 60404  
(815) 725-5188

<https://morningstarmission.org/counseling/>

Professional counseling for adults, children, families for emotional, relational, and spiritual difficulties, anger management classes available.

*Catholic Charities of Joliet*

(815) 723-0331  
16555 Weber Rd  
Crest Hill, IL

<https://catholiccharitiesjoliet.org/services/counseling/>

Adult and adolescent counseling.

**ALCOHOL USE/ABUSE**

*800 Alcohol (24/7)*

(800) ALCOHOL (252-6465)

Nationwide, 24-hour admission and referral line.

*Alcoholics Anonymous*

<https://aa.org/>

*Al-Anon*

(800) 356-9996

[al-anon.org](http://al-anon.org)

Worldwide fellowship that offers a program of recovery for the families and friends of alcoholics, whether or not the alcoholic recognizes the existence of a drinking problem or seeks help.

*Al-Anon for Families of Alcoholics*

(800) 334-2666

*Alcohol Hotline*  
(800) 331-2900

*Alcohol and Drug Helpline*  
(800) 821-4357

*Alcohol Treatment Referral Hotline*  
(800) 252-6465

## **BRAIN INJURY**

*Brain Injury Foundation*  
(800) 444-NHIF

<https://www.biausa.org/>

The Brain Injury Association of America (BIAA) is the country's oldest and largest nationwide brain injury advocacy organization.

## **CANCER**

*Cancer Information Service*  
(800) 4-CANCER

<https://www.cancer.gov/>

Program of the National Institutes of Health (through the National Cancer Institute) that is provided to the United States of America public to provide personalized, confidential responses to specific questions about cancer

## **CHILD ABUSE/CHILDREN**

*Childhelp National Child Abuse Hotline*  
(800) 422-4453

*Child Find of America, Inc.*  
(800) 426-5678

<https://childfindofamerica.org/>

Child Find of America Inc. is a national not-for-profit organization that provides outstanding professional services designed to prevent and resolve child abduction and family conflicts that can lead to abduction and abuse.

*National Center for Missing and Exploited Children*  
(800) 843-5678 (24/7)

<https://www.missingkids.org/home>

The National Center for Missing & Exploited Children® is a group whose mission is to help find missing children, reduce child sexual exploitation, and prevent child victimization.

*National Runaway Safeline*

(800) 786-2929

<https://www.1800runaway.org/>

The mission of the National Runaway Safeline (NRS) is to help keep America's runaway, homeless and at-risk youth safe and off the streets.

*National US Child Abuse Hotline*

(800) 422-4453

## **COUNTY HEALTH DEPARTMENTS**

*Will County Health Department*

501 Ella Ave

Joliet, IL 60433

(815) 727-8480

<https://willcountyhealth.org/>

*Kendall County Health Department*

811 W. John St

Yorkville, IL 60560

(630) 553-9100

<https://www.kendallhealth.org/>

*Grundy County Health Department*

1320 Union St

Morris, IL 60450

(815) 941-3113

<https://www.grundyco.org/>

## **DOMESTIC VIOLENCE**

*National Domestic Violence Hotline*

(800) 799-7233

*Domestic Violence Shelter*

*Groundwork Hotline*

(815) 729-1228

Emergency assistance, support & information available 24 hours a day,

## **DRUG ABUSE/ADDICTION**

*Center on Addiction*

(212) 841-5200

Helpline/Referral: (815) 378-4373

*Cocaine Anonymous*

(800) 347-8998

*Narcotics Anonymous*

[www.na.org](http://www.na.org)

*National Help Line for Substance Abuse*

(800) 262-2463

*National Institute on Drug Abuse*

(800) 662-4357

## **ELDER ABUSE**

*Illinois Department on Aging*

*Adult Protective Services (APS)*

(866) 800-1409

To report suspected abuse, neglect, exploitation of and self-neglect of an older person, call the statewide 24-hour Adult Protective Services Hotline.

## **EATING DISORDERS**

*National Eating Disorders Helpline*

(800) 931-2237

Hours: Monday-Thursday

9 AM-7 PM & Friday 10AM-4PM.

Helpline chat hours: Monday- Thursday 8 AM-8PM & Friday 8 AM- 4 PM.

Helpline text hours: Monday- Thursday 2 PM-5 PM & Friday 12 PM-4 PM.

For 24/7 crisis support, text 'NEDA' to 741741

## **FOOD PANTRIES**

### *Northern Illinois Food Bank - Joliet*

(815) 846-1041

171 S Larkin Ave

Joliet, IL 60436

Northern Illinois Food Bank is a non-profit organization that engages the community in a commitment to feed our hungry neighbors. Across 13 counties, food manufacturers, local groceries, corporations, foundations, and individuals come together to donate food and funds, and evaluate and repack food for distribution to our more than 600 network partners - the food pantries, soup kitchens, shelters and youth and senior feeding programs that serve more than 60,000 different people each week.

### *Warren Sharpe Community Center - Food Pantry*

(815) 722-2727

454 S. Joliet Street

Joliet, IL 60436

Pantry Hours: Tuesday 10:30AM – 2 PM Summer Hours: June & July: Tuesdays 3 PM – 5 PM

You may visit the food pantry once per month. Please bring your ID or other document showing your address in Will County. Please bring your own bags or boxes to pack up your food. Note: If you need assistance carrying boxes or bags to your vehicle it is best to bring someone with you.

### *True Tabernacle Christian*

(815) 726-3688

1220 Pawnee

St. Joliet, IL 60433

Pantry hours: 4th Saturday of the month: 11am-2pm

### *St Patrick's Pantry*

(815) 727-4746

710 W. Marion Street

Joliet, IL 60436

Pantry Hours: Monday 9 AM – 11:30 AM

### *St John The Baptist Food Pantry*

(815) 439-2320

2650 Plainfield Rd

Joliet, IL 60435

Residents of 60435 or 60436 Zip Codes

Pantry Hours: Monday 9 AM – 12 pm

*Soul Food Pantry*

(815) 725-6835

2800 Black Road

Joliet, IL 60435

Pantry Hours: 1st and 3rd Monday of the month 4:30 PM – 6 PM

*Spanish Community Center*

(815) 727-3683

309 N. Eastern Ave

Joliet, IL 60432

Residents of 60432 Zip Code

Pantry Hours: Tuesday 9 AM-11:30 AM

*Second Baptist Food Pantry*

(815) 726-3731

156 S Joliet Street

Joliet, IL 60436

Pantry hours: Thurs 2:30pm - 4:00pm

*Sacred Heart - Family Table Soup Kitchen*

(815) 722-0295

329 S. Ottawa St

Joliet, IL 60436

Pantry hours: Tues lunch 12-2 PM serving time, closed every July

*Morning Star Mission*

815-722-5780

350 E. Washington St

Joliet, IL 60433

Pantry hours: Breakfast 7AM -8 AM, Lunch 12 PM-1 PM, Dinner 5 PM-6 PM,

Sun: Breakfast/Dinner only

*Salvation Army Joliet Food Pantry*

(815) 726-4834

300 Third Ave

Joliet, IL 60433

Pantry Hours: Monday 12 PM-3 PM

You do not need an appointment for your first visit and every visit after will be only once a month. We require a Will County photo ID, a piece of mail that verifies that



address for every member of the family other than children under the age of 18. We require a birth certificate for children under the age of 18 or a medical card that shows the children's date of birth for the first visit only.

## **GAMBLING**

*Compulsive Gambling Hotline*

(410) 332-1111 (24/7)

<https://www.ncpgambling.org/>

*Gamblers Anonymous*

Chicago/Peoria Hotline Number

855-2CALLGA (855-222-5542)

*National Council on Problem Gambling Referrals*

(800) 522-4700

## **HIV/AIDS**

*CDC National HIV and AIDS Hotline*

(800) 342-2437

## **HOMELESSNESS**

*MorningStar Mission Ministries, Inc.*

350 E. Washington St

Joliet, IL 60433

(815) 722-5780

<https://morningstarmission.org/>

Food, shelter, counseling, clothing, recovery programs.

*Will County Center for Community Concerns*

2455 Glenwood Avenue

Joliet, IL 60435

(815) 722-0722

contactus@wccccc.net

<https://wccccc.net/>

Homeless Services: If an individual or family is homeless on the streets or residing in an emergency shelter, transitional housing program, permanent supportive housing program, or rapid rehousing program they may be eligible for assistance through Homeless Services. If an individual or family is about to be on the streets, in a place not meant for human habitation, or access emergency shelter services, limited services may be available to assist them to retain their rental unit or to be placed into a new rental unit.

## **LGTBQ**

*LGTBQ Suicide Prevention*

(800) 273-8255 or Text TALK to

741741

*The Trevor Project*

(866) 488-7386

<https://www.thetrevorproject.org/>

## **PARENTING**

*Boys Town*

Behavioral Health Services

(531) 355-3500 (M-F 8 AM - 5 PM)

*National Parenting Center*  
<https://nationalparentingcenter.com/>

*National Parent Helpline*  
M-F 12 PM – 9 PM  
(855) 4APARENT  
<https://nationalparentyouthhelpline.org/>

## **POISON CONTROL**

*Poison Control Hotline*  
(800) 222-1222

## **POST-TRAUMATIC STRESS DISORDER**

*National Center for Post-Traumatic Stress Disorder Info Line*  
(802) 296-6300  
<https://ptsd.va.gov/>

The National Center for PTSD is dedicated to research and education on trauma and PTSD. We work to ensure that the latest research findings help those exposed to trauma

## **SEXUAL ASSAULT**

*National Sexual Assault Hotline*  
(800) 656-4673

## **SEX ADDICTION/SEXUAL BEHAVIOR**

*International Sex Addiction*  
(800) 477-8191

*National Council on Sexual Addiction/Compulsivity*  
(800) 321-2066  
<https://sash.net/>

Nonprofit organization dedicated to promoting public and professional awareness and understanding of addictive/compulsive sexual behavior and its associated negative consequences.

## **STALKING**

*Stalking Resource Center*

(202) 467-9700

<https://victimsofcrime.org/>

The mission of the Stalking Resource Center is to enhance the ability of professionals, organizations, and systems to effectively respond to stalking.

## **STUDENT RESOURCES**

*National Grad Crisis Line (Students)*

(877) 472-3457

*Girls & Boys Town National Hotline*

(800) 448-3000

## **TEENS**

*National Youth Crisis Hotline*

(800) 442-HOPE (4673)

*Real Help for Teens*

(877) 332-7333

## **VETERAN RESOURCES**

*Veterans Crisis Line*

(800) 273-8255, press 1 or

Text 838255

*Veteran Combat Call Center*

(877) 927-8387 Hours: 24/7

24/7 confidential call center where combat Veterans and their families can call to talk about their military experience or any other issue they are facing in their readjustment to civilian life.

*Department of Defense Centers of Excellence (DCoE)*

Outreach Center for Psychological Health & Traumatic Brain Injury

(866) 966-1020 Hours: 24/7

*The Homeless Veteran Hotline*

(877) 424-3838 Hours: 24/7

Helps connect individuals with Veteran Administration services to overcome or prevent homelessness for the individual or a Veteran.

*Military OneSource*

(800) 342-9647

Spanish language assistance: (877) 888-0727 Hours: 24/7

Department of Defense-funded program providing comprehensive information on every aspect of military life at no cost to active duty, Guard and reserve service members, and their families. Information includes, but is not limited to, deployment, reunion, relationships, grief, spouse employment and education, and parenting and childcare.